



## CORPORATE LUNCH CATERING

WE HAVE PUT TOGETHER OUR TOP THREE MOST COMMON LUNCHES BELOW

IF THESE DON'T MEET YOUR NEEDS JUST LET US KNOW AND WE WILL CUSTOMIZE AN ORDER FOR YOUR INDIVIDUAL NEEDS, ASK FOR A CATERING COORDINATOR FOR PRICE INFORMATION.

304.342.2443

WE DELIVER LOCALLY IN THE CHARLESTON AREA OR PICK UP IS ALSO AVAILABLE

### THE SWIFTWATER

14 ASSORTED DELI WRAPS, WHICH WOULD BE 14 WRAPS CUT IN HALF FOR A TOTAL OF 28 HALVES, LARGE PASTA SALAD, LARGE COOKIE AND BROWNIE TRAY

FEEDS 15 TO 20 PEOPLE

### THE EXECUTIVE

7 ASSORTED SANDWICHES AND 7 ASSORTED DELI WRAPS, ALL CUT IN HALF FOR A TOTAL OF 28 HALVES, SMALL POTATO SALAD, SMALL PASTA SALAD, SMALL GARDEN SALAD, 8 BAGS OF CHIPS AND A LARGE COOKIE AND BROWNIE TRAY

FEEDS 14-18

### FEED THE TEAM

HICKORY SMOKED PORK BBQ, BUNS, COLE SLAW FOR SANDWICHES, GARDEN SALAD, POTATO CHIPS

FEEDS 12-15

### FRESH FRUIT TRAYS

FRESH CHOPPED FRUIT WITH THE FRESHEST OF INGREDIENTS AVAILABLE MAY INCLUDE HONEYDEW, CANTALOUPE, WATERMELON, PINEAPPLE, GRAPES, STRAWBERRIES, BLACKBERRIES, RASPBERRIES, BLUEBERRIES. DISPLAYED OVER A BED OF GREENS ON A TRAY.

SMALL 15-20 OR LARGE 24-30

### FRESH VEGETABLE TRAYS

FRESH CHOPPED VEGETABLES WHICH MAY INCLUDE BROCCOLI, CAULIFLOWER, BABY CARROTS, CELERY, RED BELL PEPPERS, GRAPE TOMATOES. SERVED WITH OUR HOMEMADE RANCH FOR DIPPING

SMALL 15-20 OR LARGE 24-30

### COOKIES AND BROWNIE TRAYS

FRESH BAKED COOKIES AND BROWNIES WITH A BERRY GARNISH, MAY INCLUDE CHOCOLATE CHIP COOKIE, WHITE CHOCOLATE CHIP macadamia NUT COOKIES, OATMEAL RAISIN, AND CHOCOLATE CHUNK BROWNIES

SMALL 15 PIECES OR LARGE 30 PIECES



OPEN MONDAY - FRIDAY  
7:00 A.M. - 2:00 P.M.

CRUBSIDE PICKUP AVAILABELE  
LIMITED LOCAL DELIVERY AVAILABLE  
FOR MENU ITEMS  
\$20.00 MINIMUM FOR DELIVERY REQUESTED



304.342.2443

CATERING MENUS & PRICING  
AVAILABLE ONLINE  
SWIFTWATERCAFE.COM

## SWIFTWATER GENERAL STORE



CHECK OUT OUR SISTER COMPANY

COFFEE, PEPPERONI ROLLS, BAKED GOODS, CRAFT BEER AND WINE, AND FRESH OPTIONS FROM OUR GRAB N GO COOLER

OPEN TILL 5:00 PM AT 310 CAPITOL STREET



SWIFTWATER CAFE  
& CATERING

FRESH, FRIENDLY,  
AND DELICIOUS

405 CAPITOL STREET, SUITE 105  
CHARLESTON, WV 25314

304.342.2443

SWIFTWATERCAFE.COM

Located on Washington St. East, in the old Daniel Boone Building, between Capitol St. and Summers St.



## CORPORATE BREAKFAST CATERING

{SPECIALIZING IN DROP OFF CORPORATE CATERING FOR BREAKFAST AND LUNCH}

WE REQUEST A 12 PERSON MINIMUM FOR CATERING PLEASE NOTIFY US AT LEAST 48 HOURS BEFORE YOUR EVENT FOR BEST RESULTS

THERE WILL BE A 25% SERVICE CHARGE FOR CATERING ORDERS WE WILL PROVIDE THE PLATES NAPKINS AND FORKS FOR YOUR MEAL AND ALL THE SERVING UTENSILS

### HEALTHY CONTINENTAL BREAKFAST

ASSORTED BREAKFAST PASTRIES WHICH MAY INCLUDE BANANA NUT BREAD, BLUEBERRY, APPLE WALNUT MUFFINS, APPLE TURNOVERS, CINNAMON ROLLS, BAGELS, CREAM CHEESE, GRANOLA BARS, COTTAGE CHEESE OR YOGURT AND A FRESH FRUIT SALAD

SMALL 12-14 OR LARGE 24-28

### BAGELS AND SPREADS

ASSORTED BAGELS WITH CREAM CHEESE, HONEY WALNUT CREAM CHEESE, AND BUTTER

12 BAGELS WITH SPREADS

### AMERICAN BREAKFAST

YOUR CHOICE OF BREAKFAST BURRITOS OR SCRAMBLED EGGS AND BACON OR OUR SWIFT SCRAMBLE. EACH SERVED WITH BISCUITS, SAUSAGE GRAVY, AND SKILLET FRIED POTATOES

SMALL 12-14 OR LARGE 24-28

### FRESH FRUIT TRAYS

FRESH CHOPPED FRUIT WITH THE FRESHEST OF INGREDIENTS AVAILABLE MAY INCLUDE HONEYDEW, CANTALOUPE, WATERMELON, PINEAPPLE, GRAPES, STRAWBERRIES, BLACKBERRIES, RASPBERRIES, BLUEBERRIES

SMALL 12-14 OR LARGE 24-28

### GLUTEN FREE VEGETARIAN OPTION

SWEET POTATO HASH WITH ONIONS, BELL PEPPERS, AND EGGS. THIS ONE IS DELICIOUS REGARDLESS OF YOUR DIETARY NEEDS

SMALL 12-14 OR LARGE 24-28

### INDIVIDUAL PARFAITS

HONEY VANILLA YOGURT WITH FRESH BERRIES AND GRANOLA .

DRINKS AVAILABLE: ORANGE JUICE, COFFEE OR BOTTLED WATER

## BOX LUNCHES

- SANDWICH OR CROISSANT, CHIPS, SIDE, AND COOKIE
- WRAP, CHIPS, SIDE AND COOKIE
- INDIVIDUAL FRESH SALADS ALSO AVAILABLE

ASK ABOUT PRICE AND GRATUITY

SANDWICH CHOICES ARE CRACKED PEPPER TURKEY ON WHEAT, SMOKED VIRGINIA HAM ON SEMOLINA, TUNA SALAD OR CHICKEN SALAD.

WRAP CHOICES ARE TURKEY BACON SWISS, SOUTHWESTERN CHICKEN, CAJUN TURKEY OR VEGGIE WRAP.

NEED A VEGETARIAN OPTION? TRY THE CUCUMBER, HUMMUS, RED ONION, ON WHEAT. NEED A GLUTEN FREE OPTION? TRY A SCOOP OF THE TUNA OR CHICKEN.



## BREAKFAST SANDWICHES



{SERVED MON. - FRI. 7:00-10:00 A.M.}

### CHOICE OF BREAD - TOAST OR BISCUIT, .75 FOR BAGEL OR CROISSANT.

<b>BACON, EGG, AND CHEESE</b>	4.75
OLD FAITHFUL ON CHOICE OF BREAD	
<b>SAUSAGE, EGG, AND CHEESE</b>	4.75
OLD FAITHFUL AGAIN ON CHOICE OF BREAD	
<b>THE BREAKFAST DOG</b>	4.75
SAUSAGE TOPPED WITH SCRAMBLED EGG AND CHEESE, A BITE OF SKILLET FRIED POTATOES, AND A LITTLE SAUSAGE GRAVY LAID OUT ON AN ENGLISH STYLE HOT DOG BUN THAT HAS BEEN GRILLED TO PERFECTION.	
<b>MY BREAKFAST SANDWICH</b>	5.50
SAUSAGE PATTY, SCRAMBLED EGG, EXTRA CHEESE, SLICE OF TOMATO, MAYONNAISE ON WHEAT TOAST	
<b>BLT</b>	5.50
5 SLICES OF OUR CRISP BACON ON GREEN LEAF LETTUCE WITH MAYONNAISE AND SLICE OF RIPE TOMATO ON WHITE TOAST.	
<b>G1</b>	3.00
THICK DELICIOUS SAUSAGE GRAVY OVER A FLUFFY BISCUIT	
<b>G2</b>	4.00

## BREAKFAST PLATTERS



<b>SWIFT SCRAMBLE WITH TOAST</b>	8.50
KINDA LIKE AN OMELET BUT NOT REALLY. A GRILLED SCRAMBLE INCLUDING BACON, SHREDDED CHEDDAR JACK CHEESE BLEND AND RED ONION, SERVED WITH TWO SLICES OF WHITE TOAST.	
<b>GRILLED BREAKFAST BURRITO</b>	8.50
WHOA! THIS BURRITO IS STUFFED WITH SCRAMBLED EGGS, SAUSAGE, CHEESE, JALAPEÑOS, AND ONION, ROLLED UP IN A SOUTHWESTERN WRAP AND THEN GRILLED TO PERFECTION. SERVED WITH A SIDE OF COOL SOUR CREAM AND OUR SWIFTWATER SALSA.	
<b>BIG BREAKFAST PLATTER</b>	8.50
TWO LARGE EGGS COOKED TO ORDER, CHOICE OF BACON, SAUSAGE PATTY OR 2 OZ SAUSAGE LINK, SKILLET FRIED POTATOES, CHOICE OF TOAST OR A BISCUIT. * ADD SAUSAGE GRAVY FOR 1.75	
<b>MEAT LOVERS BREAKFAST PLATTER</b>	9.00
2 OZ SAUSAGE LINK, SAUSAGE PATTY, THREE SLICES OF CRISPY BACON, SCRAMBLED EGGS, SAUSAGE GRAVY AND A BISCUIT.	



## BUILD YOUR OWN BREAKFAST

{PLATE OR SANDWICH-A LA CARTE}

ONE EGG	2.50	<b>BREAKFAST TIME DRINKS</b>	
SCRAMBLED EGGS	3.00	SMALL COFFEE	2.00
SAUSAGE PATTY	2.50	PREMIUM OJ	2.25
3 SLICES OF BACON	2.50	MILK	2.00
SAUSAGE GRAVY	2.50	CHOCOLATE MILK	2.00
FRIED POTATOES	2.50	BOTTLED WATER	2.00
CHEESE	.50		
CREAM CHEESE	.50	<b>BREAKFAST PASTRIES</b>	
AVOCADO SPREAD	3.00	MAY INCLUDE BANANA NUT BREAD,	
VEGETABLES	.50	APPLE BLUEBERRY WALNUT MUFFINS,	
BISCUIT	2.00	APPLE TURNOVERS.	3.00
CROISSANT OR BAGEL	2.50		
WHITE/WHEAT TOAST	2.00	<b>FRESH CHOPPED</b>	
ARTISAN BREAD	2.50	<b>FRUIT</b>	3.75
<i>WHICH MAY INCLUDE SEMOLINA, WHOLE WHEAT, OR RYE BREAD</i>		<i>WHICH MAY INCLUDE PINEAPPLE, GRAPES, HONEYDEW, CANTALOUPE, WATERMELON, BLUEBERRIES, BLACKBERRIES, STRAWBERRIES</i>	
PARFAIT	4.25	BANANAS	1.25
SM. BREAKFAST BURRITO	5.25	APPLES	2.25



## LUNCH/DELI SERVICE

{SERVED MONDAY THROUGH FRIDAY 10:00-2:00 PM}

### SANDWICHES SERVED WITH A CRISP PICKLE SPEAR ARTISAN BREADS FROM CHARLESTON BREAD AVAILABLE ARE HONEY WHOLE WHEAT, SEMOLINA, AND RYE

## DELI SANDWICHES

<b>CRACKED PEPPER TURKEY AND SWISS</b>	8.75
CRACKED PEPPER TURKEY, GREEN LEAF LETTUCE, SLICE OF TOMATO, MAYONNAISE ON HONEY WHOLE WHEAT BREAD. ADD BACON \$2.00	
<b>PESTO TURKEY SANDWICH</b>	9.75
CRACKED PEPPER TURKEY, PROVOLONE CHEESE, GREEN LEAF LETTUCE, ROASTED RED PEPPERS, RED ONION, BASIL PESTO ON HONEY WHOLE WHEAT BREAD.	
<b>CLASSIC BLT</b>	8.25
FIVE SLICES OF CRISPY BACON, 2 FILLET OF GREEN LETTUCE, 2 SLICES OF TOMATO, AND EXTRA MAYONNAISE ON SEMOLINA TOAST.	
<b>CHICKEN SALAD OR TUNA SALAD SANDWICH</b>	8.25
GENEROUS SCOOP OF TUNA SALAD OR CHICKEN SALAD ON LETTUCE, TOPPED WITH TOMATO ON HONEY WHOLE WHEAT TOAST.	

## HOT DOGS

<b>WV HOT DOG</b>	2.75
AWARD WINNING HOT DOGS, SERVED WITH WV EVERYTHING: CHILI, SLAW, MUSTARD AND CHOPPED WHITE ONION	
<b>EVERYDAY HOT DOG SPECIAL</b>	7.99
TWO WV DOGS, BAG OF CHIPS, DRINK	
<b>ENGLISH DOG</b>	3.25
TRY IT YOUR WAY AND WE'LL GRILL THE BUN. TOPPINGS MAY INCLUDE CHILI, MUSTARD, KETCHUP, WHITE ONIONS, SPICY MUSTARD, RELISH, COLE SLAW. *ADD JALAPEÑOS OR CHEESE .35	

## SALADS

{OPTIONS ARE FIRST COME FIRST SERVE FROM THE GRAB N GO COOLER, OUR SALADS CONSIST OF A FRESH ROMAINE BLEND}

<b>SIDE SALAD</b>	4.25
LETTUCE, TOMATO, CUCUMBER, SHREDDED CARROTS.	
<b>GARDEN SALAD</b>	8.50
TOMATO, CUCUMBER, RED ONIONS, BROCCOLI, SHREDDED CARROTS, AND COLBY JACK CHEESE BLEND.	
<b>CHEF SALAD</b>	9.50
CRACKED PEPPER TURKEY, VIRGINIA SMOKED HAM, TOMATOES, CUCUMBERS, COLBY JACK CHEESE BLEND.	
<b>COBB SALAD</b>	10.75
HOUSE ROASTED CAJUN CHICKEN, BACON, AVOCADO, BOILED EGG, CUCUMBER, GRAPE TOMATO, COLBY JACK CHEESE BLEND.	
<b>CHICKEN CAESAR SALAD</b>	10.25
ROMAINE LETTUCE, GRATED PARMESAN CHEESE, HOUSE BAKED CROÛTONS WITH CAESAR DRESSING.	

LITE RASPBERRY VINAIGRETTE, RANCH, SPICY RANCH, ITALIAN, HONEY MUSTARD AND BALSAMIC VINAIGRETTE. HOUSE BAKED CROÛTONS.

## HOT SANDWICHES

<b>GRILLED CHEESE SANDWICH</b>	5.00
2 SLICES OF AMERICAN CHEESE ON SEMOLINA GRILLED TO PERFECTION. SERVED WITH A PICKLE SPEAR.	
<b>ITALIAN GRILLED CHEESE</b>	7.75
RIPE TOMATO, BASIL PESTO, AND TWO SLICES PROVOLONE CHEESE ON GRILLED SEMOLINA BREAD. GLAZED WITH BALSAMIC REDUCTION.	
<b>HOT HAM AND CHEESE SANDWICH</b>	8.75
GRILLED VIRGINIA BRAND SMOKED HAM AND MELTED SWISS, WITH LETTUCE, TOMATO, AND MAYONNAISE ON A STEAMED BUN.	
<b>BBQ SANDWICH</b>	8.00
HICKORY SMOKED PORK BBQ TOPPED WITH OUR HOMEMADE CREAMY COLE SLAW ON A STEAMED BUN. 4OZ.	
<b>BLACK BEAN BURGER</b>	9.75
NO MEAT, LETTUCE, TOMATO, MAYONNAISE, ONION, AND PROVOLONE CHEESE ON A STEAMED BUN.	

## SIDES

<b>RED POTATO SALAD</b>	2.50
OUR VERY OWN MOST PRIZED SECRET RECIPE, MAYONNAISE BASED AND THE BEST SMALL RED POTATOES WE CAN FIND. 4OZ.	
<b>SWIFTWATER PASTA SALAD</b>	2.50
SHELL PASTA WITH A BALSAMIC MAYONNAISE BASE, CUCUMBER, GARLIC, GRAPE TOMATO, RED ONION, PARMESAN CHEESE, AND FRESH BASIL TOSSED AND SERVED COLD. 4OZ.	

<b>CREAMY COLE SLAW</b>	2.50
INSPIRED BY THE DEDICATION TO HAVE THE FRESHEST HOMEMADE SLAW FOR OUR HOT DOGS AND BBQ. 4OZ.	
<b>SOUP OF THE DAY</b>	
COMMON HOMEMADE OPTIONS OFTEN AVAILABLE ARE: CHILI, SAVORY BACON POTATO CHOWDER, CAJUN CHICKEN WITH RICE, TOMATO BASIL, BROCCOLI AND CHEESE, HOT ITALIAN SAUSAGE WITH CABBAGE AND MORE.	

8 <sup>oz</sup> CUP	4.00
12 <sup>oz</sup> BOWL	5.00
32 <sup>oz</sup> QUART	16.00



## DELI WRAPS

{OPTIONS ARE FIRST COME FIRST SERVE FROM THE GRAB N GO COOLER}

<b>CAJUN TURKEY WRAP</b>	9.25
CAJUN TURKEY, PEPPER JACK CHEESE, RED PEPPERS, RED ONION, LETTUCE ON A SOUTHWESTERN WRAP, SERVED WITH SPICY RANCH.	
<b>TURKEY BACON SWISS WRAP</b>	9.25
TURKEY, BACON, SWISS, WITH LETTUCE AND TOMATO ON A SUN-DRIED TOMATO BASIL WRAP, SERVED WITH RANCH.	
<b>SOUTHWESTERN CHICKEN WRAP</b>	9.25
HOUSE ROASTED CAJUN CHICKEN, CUCUMBER SALSA, LETTUCE ON A SOUTHWESTERN WRAP, SERVED WITH SPICY RANCH.	
<b>VEGGIE WRAP</b>	9.25
CUCUMBERS, RED BELL PEPPERS, RED ONION, CARROTS, LETTUCE AND PESTO ON A SPINACH WRAP.	

